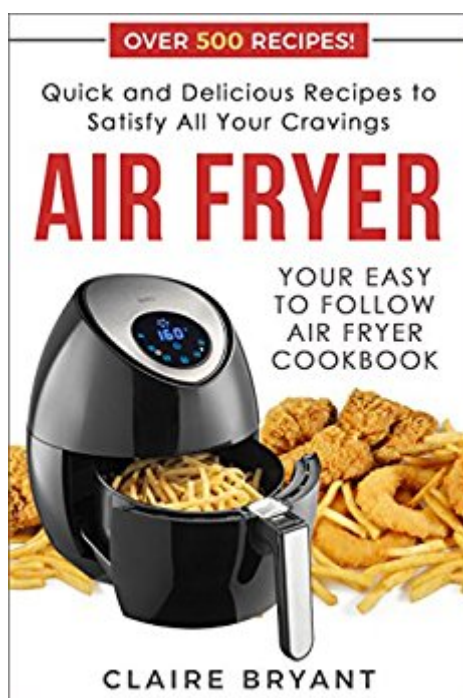


The book was found

Air Fryer : Your Easy To Follow Air Fryer Cookbook - Quick & Delicious Recipes To Satisfy All Your Cravings



Synopsis

Are you looking for a crispy fried taste without the extra fat? Want to reduce calories without giving up your favorite foods? Need recipes for delicious, low-fat options? Learn to cook delicious, low-fat alternatives to all your favorites treats with **Air Fryer: Your Easy to Follow Air Fryer Cookbook** "Quick & Delicious Recipes to Satisfy All Your Cravings by Denise Brooks. This short guidebook walks you through all the ins and out of air frying and offers dozens of recipes for all your favorite foods including muffins, breakfast sandwiches, onion rings, Indian samosas, Chinese egg rolls, Asian chicken wings, melts, and more. Youâ™re sure to find all the recipes that you need to plan a healthy and delicious meal. Youâ™ll learn: How air frying works and how to choose the right air fryer The benefits of frying with air instead of fat Useful air frying techniques that ensure delicious results every time Things to do before and after cooking for great results Why air frying leads to a healthier and lifestyle Breakfast, Lunch and Dinner recipes that will please the entire family Whether youâ™re looking to shed a few pounds or just want to live a healthier life, **Air Fryer: Your Easy to Follow Air Fryer Cookbook** "Quick & Delicious Recipes to Satisfy All Your Cravings by Denise Brooks will get you going in the right direction. What are you waiting for? You can have a healthier life without giving up your favorite treats. Scroll up to get your copy now.

Book Information

File Size: 1698 KB

Print Length: 449 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 5, 2017

Sold by: Â Digital Services LLC

Language: English

ASIN: B06XFG7S8G

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #66,251 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #41 in Â Books > Cookbooks, Food & Wine > Kitchen Appliances > Fryers #535 in Â Kindle Store > Kindle eBooks

> Health, Fitness & Dieting > Diets & Weight Loss > Diets #1145 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets

Customer Reviews

Great product.

Just neutral rating. I didn't buy the thing.

This book describes the basics of how to use an air fryer and the benefits of air frying, as well as providing a number of great recipes, including breakfast recipes, including *Vegetarian frittata*. Chapter 4 provides snacks and appetizers, Chapter 5 contains lunches on the go or at home, Chapter 6 contains easy seafood recipes, Chapter 7 tasty poultry meals and Chapter 8 contains beef meals. Finally, Chapter 9 contains *do not forget desserts*. Desserts are my favorite!

I thought that you could only use an air fryer for frying few foods like chips, fish and meat; i never knew that you can use it to cook various recipes. What I found interesting was the fried ice cream with its olive oil, 4 scoops of ice cream and bread slices for its ingredients and molten lava cakes on an air fryer. I'd definitely try these recipes as it sounds yummy :)

There are breakfast recipes, air fryer appetizers, vegetarian recipes and even air fryer dessert recipes. Yes, I'm as surprised as you are that this is possible. These include cakes, puddings, cookies, macaroons and crumbles. It's even possible to *air fry* a chocolate soufflé. The recipes are all clear, with clear lists of ingredients and instructions. I do recommend you get this book if you're considering buying an air fryer.

I choose this rating because its quite interesting for me. It catches my attention and it helps me to know more about new and easy recipes that I can make. I like the content of this book, because its not only the recipes but how to use the air fryer effectively. Actually I highly recommend this cookbook because it gives me a quick and delicious recipes that I can prepare to my family.

Great book! An air fryer you will find something absolutely new and noteworthy you will find that you can cook in a considerably more advantageous way all your most loved nourishments. You will

utilize less oil less fat and you will cook everything in a matter of seconds every one of your dishes will be so delicate and succulent in the center and perfectly. Recommended.

The recipe's look so easy and quick. I was interested in seeing the techniques and the different kinds of recipes. This book covers a much broader array of foods than I imagined could be made using the air fryer. I wanted to investigate the process before investing in another kitchen appliance. Yes!! Just what I was searching for.

[Download to continue reading...](#)

Air Fryer: Air Fryer Cookbook: Air Fryer Recipes: Healthy, Quick, & Easy Air Fryer Recipes for You & Your Family (Air Fryer, Air Fryer Cookbook, Air Fryer Recipes Book 1) AIR FRYER COOKBOOK: 135 AMAZINGLY DELICIOUS QUICK & EASY AIR FRYER RECIPES (air fryer healthy recipes, air fryer paleo, air fryer ultimate, air fryer gluten free, air fryer ketogenic) AIR FRYER: TOP 35 Easy And Delicious Recipes In One Cookbook For Everyday Life (Air Fryer Recipe Book, Air Fryer Cooking, Air Fryer Oven, Air Fryer Baking, Air Fryer Book, Air Frying Cookbook) Air Fryer : Your Easy to Follow Air Fryer Cookbook - Quick & Delicious Recipes to Satisfy All Your Cravings Air Fryer Cookbook: 450 Amazingly Healthy & Delicious Air Fryer Recipes. (With Nutrition Facts of Each & Every Recipe) (Air fryer Cookbook, Air fryer Recipes, Air fryer Recipe Book) Air Fryer Cookbook: Healthy & Easy Air Fryer Recipes for Everyone (Air Fryer Recipe Book, Air Fryer Cooking, Best Air Fryer Recipes) Air Fryer Recipes Cookbook: Delicious 123 Recipes to Fry, Bake, Grill, and Roast with Your Air Fryer(Air Fryer Cookbook, Oil Free Cookbook,Healthy Air Fryer Recipes) Air Fryer Recipes: The Ultimate Air Fryer Recipes Book for Your WHOLE Family - Includes 101+ Delicious & Healthy Recipes That Are Quick & Easy to Make for Your Air Fryer (Air Fryer Series) Air Fryer Cookbook: The Quick & Easy Guide to Delicious Air Fryer Meals - Air Fryer Recipes - Complete Air Fryer Guide Air Fryer Ultimate Cookbook - 2nd Edition: The Quick & Easy Guide to Delicious Air Fryer Meals - Air Fryer Recipes - Complete Air Fryer Guide Air Fryer Cookbook: 365 Days of Air Fryer Cookbook - 365 Healthy, Quick and Easy Recipes to Fry, Bake, Grill, and Roast with Air Fryer (Everything Complete Air Fryer Book, Vegan, Paleo, Pot, Meals) Air Fryer Cookbook: Quick and Easy Low Carb Air Fryer Vegetarian Recipes to Bake, Fry, Roast and Grill (Easy, Healthy and Delicious Low Carb Air Fryer Series) (Volume 4) Air Fryer Cookbook: Quick and Easy Low Carb Air Fryer Vegan Recipes to Bake, Fry, Roast and Grill (Easy, Healthy and Delicious Low Carb Air Fryer Series Book 5) Air Fryer Cookbook: Easy & Healthy Air Fryer Recipes For The Everyday Home - Delicious Triple-Tested, Family-Approved Air Fryer Recipes (Healthy Cookbook Book 1) Air Fryer Cookbook: Quick and Easy Low Carb Air Fryer For Beginners

to Bake, Fry, Roast and Grill (Easy, Healthy and Delicious Low Carb Air Fryer Series Book 1) Air Fryer Cookbook: The World's No. 1 Low Fat Fryer, The Ultimate Healthy Delicious Recipes Cookbook (clean eating, healthy cookbook, air fryer recipes cookbook,) Air Fryer Cookbook: The Comprehensive Air Fryer Cookbook for Busy People - Includes 40+ Healthy, Quick & Easy Recipes for Beginners (Air Fryer Series 2) Paleo Air Fryer: 365 Days of Perfect Paleo Air Fryer Recipes: Complete Air Fryer Cookbook, Quick and Easy Healthy Recipes, Roast, Grill, Fry and Bake, Paleo, Vegan Meals AIR FRYER RECIPES: AIR FRYER COOKBOOK: 500 BEST RECIPES TO FRY, GRILL, ROAST AND BAKE (paleo, clean eating, keto, healthy meals, air fryer recipes cookbook, ... cooking for two, vegan, Instant meal, pot) BOOK BUNDLE: The complete set of 3 awesome Air Fryer cookbooks: Air Fryer Made Simple, Air Fryer Advanced, Air Fryer Ultimate. Make pro level dishes from the comfort and privacy of Your kitchen!

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)